The Pala Spa creates an environment that promotes wellness and rejuvenation. Set against the tranquil backdrop of the Palomar Mountains, the Pala Spa, with 17 treatment rooms including two Signature Couples Suites, a state-of-the-art fitness center, a full-service salon, and a retail boutique delivers a perfect getaway just for you.
Custom Massage
A personalized massage experience focusing on your unique needs. Indulge from light to firm pressure for optimal relaxation.
25 min $70 / 50 min $120 / 80 min $180

Pala Rain Massage
light pressure effleurage
Your journey begins with a layering of aromatherapy oil blends and is performed with a light pressure effleurage for deep relaxation. A gentle therapeutic rain mist is applied to further alleviate tension and create a state of peacefulness.
50 min $135 / 80 min $195

Aromatherapy Massage
Awaken your senses with one of our aromatherapy blends specially crafted to elevate your massage experience.
50 min $135 / 80 min $195

Palomar Stone Massage
light to medium pressure
Heated stones are an ancient healing tradition used to warm the muscles using Swedish techniques. The deep penetrating warmth will melt away your tension and leave you feeling rested and relaxed.
50 min $135 / 80 min $195 / add aromatherapy oil $15

Foot Reflexology
Soothe your tired feet with this rejuvenating treatment. Your therapy begins with an invigorating foot scrub followed by a pressure point massage to stimulate energy pathways.
25 min $75

Mother-to-Be Massage
light pressure effleurage
This full body massage is specifically designed for expectant mothers seeking comfort and relaxation. Using safe and effective pre-natal techniques, this massage will gently ease tension and create a calm sense of well-being. Massage during pregnancy can be enjoyed after your first trimester.
50 min $135

Couples Massages
Share your massage experience side-by-side in one of our Signature Spa Suites designed for couples. Please request at time of reservation.
$10 upgrade is added to each massage selection

Wellness Soak
Following your massage, indulge in a hydrating soak containing a blend of oils and aromatherapy that will rejuvenate, nourish and rehydrate dry skin leaving it supple, smooth and revitalized.
25 min $45

Elevate your massage experience with one or more of the following enhancements.

LED Tension Release ........................................... $40
Microcurrent Muscle Soother ......................... $40
Body Butter ....................................................... $25
Dry Brush Exfoliation ........................................... $25
Heated Facial Mask ............................................. $15
Warm Oil Scalp Treatment ................................. $15
Aromatherapy Oil ............................................. $15
Heated Stones ..................................................... $15
Energizing Foot Scrub ........................................... $15
**BODY TREATMENTS**

**Pala Bliss Scrub**  
A gentle warming and stimulating treatment that will exfoliate and generate circulation leaving your skin soft, supple and glowing.  
50 min $115 / 80 min (includes massage) $175

**Detoxifying Wrap**  
Your treatment begins with a brisk dry brush exfoliation followed by a smooth application of clay enriched with organic botanical extracts, vitamins and antioxidants. You are then nestled in a warm envelopment while a facial massage further enhances relaxation. This treatment will leave your skin feeling nourished and energized.  
80 min $175 / 80 min (includes massage) $175

**Aroma Body Soothe**  
Begin your treatment with a full body dry brush that increases circulation and exfoliates the skin. Next, an application of essential oils, either uplifting or relaxing, will provide balance and delight your senses. Warmed stones continue to further your relaxation. Your experience concludes with a body envelopment, leaving your skin soft and hydrated.  
50 min $115

**Lavender Renewal**  
This Thai-inspired treatment will begin with an awakening body scrub followed by a relaxing soak. You will then be treated with a warm bolus massage using Himalayan salt crystals and lavender buds. This treatment will leave you feeling renewed from head to toe.  
100 min $260

**Moroccan Body Ritual**  
Indulge in this century old tradition that begins with an exfoliating cleanse using Beldi black soap, consisting of cedar, cinnamon, and eucalyptus essential oils. Our Ritual continues with a Moroccan massage using warm spice and Argan oils, that will deeply nourish and rejuvenate your skin. This massage utilizes a combination of rhythmic movements that aids in relaxation of the body and mind.  
80 min $195

**Ceremonial Bath & Massage Ritual**  
Relaxation awaits you with this ancient tradition of bathing to restore physical and mental harmony. You will be selecting an aromatherapy color in tune with your own personal energy. Following your bath therapy, you will experience a French Polynesian massage which is an authentic and ancestral massage created centuries ago by Polynesian tribal healers. This massage consists of deep reaching pressure, long uninterrupted and continuous strokes to induce an immediate release of tension and an awakening of the body’s natural energy.  
80 min $190

**BODY RITUALS**
FACIALS

Custom Facial
all skin types—deep cleansing
Results-driven, this facial will purify, hydrate, and brighten your complexion and is tailored to meet your individual needs. In our 80-minute treatment, your experience will be elevated with the aid of a precious mineral mask and microcurrent.
50 min $125 / 80 min $200

Go and Glow Facial
all skin types—deep cleansing
If time is an issue, this facial is for you. Experience the Custom Facial in half the time. Includes cleanse, steam, exfoliation and hydration.
25 min $80

Mystiq Elite Facial
all skin types—brighten and tighten
Designed to brighten, tighten, hydrate and refresh all skin types. This facial will bestow powerful anti-aging effects and immediate results with use of Vitamin C, Mastiha, lightening agents and a peptide lifting mask.
50 min $125

Hydrating Caviar Facial
dry skin—hydration
The use of Caviar extract, which is rich in proteins and essential minerals, will visibly improve hydration in dry and dull complexions. This facial will transform your skin into its natural radiance.
50 min $125

The Lux Facial
all skin types—anti-aging and lifting
Take a journey back to your youth. This anti-aging treatment uses Retinol and a healing agent called Mastiha which derives from a tree resin from Greece. A hydrating mask is followed to reduce deep and visible wrinkles and brighten uneven pigmentation.
50 min $125

Balancing Anti-Acne Facial
acne prone skin
A purifying treatment designed exclusively for oily and acne prone skin. This facial will neutralize bacteria, reduce inflammation, improve scarring and repair the skin.
50 min $125

Rose Pre-Natal Facial
all skin types—deep cleansing
This facial designed specifically for mothers-to-be. Indulge your skin with this enlivening and regenerating facial using Rose Quartz. Among its healing properties, it is known to stimulate circulation, improve hydration and maintain the health of the skin and its vitality.
50 min $135

Back Facial
This treatment targets areas that are hard to maintain. Includes a deep cleansing, exfoliation, extractions, hydration and scalp massage.
25 min $75

FACIAL ENHANCEMENTS

Perk Treatment
Perk is the all-in-one cleanse with benefits that gently exfoliates using serums loaded with antioxidants, resulting in a flawless face. In just 10 minutes, skin is hydrated and primed into smooth surface for a gorgeous glow with no downtime. The best part? Includes take home serum to keep until your next treatment.
Face $45 / Eye $35 / Lip $45

Knesko Gold or Diamond Collagen Mask
Face $50 / Eye or Lip $25 / Neck $40 / Décolleté $45

The following may be added to any 50 or 80 min facial

LED Light Therapy (addtl. 25 min).... $65
Décolleté Treatment.......................... $65
Rezenerate Infusion.......................... $40
Lifting Mask with ReFa Rollers............. $25
Hydrating/Tightening/Detoxifying Mask... $25
Pumpkin or Lactic Peel........................ $25
Ampoule Concentrate........................ $15
Heated Facial Mask.......................... $15
Hydrating Hand Treatment.................. $15

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SPECIALTY FACIALS

5 Flowers Illuminescence Facial Ritual
Adapted from an ancient Royal Balinese ritual combining the power of five tropical flowers, this luxurious facial instantly unveils a radiant and fresh, healthy glow. Awaken to a dramatically younger and ultra smooth skin without a hint of irritation.
50 min $135 / 80 min [includes papaya back exfoliation] $175

Precious “Ko Bi Do” Lifting & Plumping Facial
This facial delivers a luxurious and visible lift, while smoothing wrinkles using an ancestral Japanese massage technique. Enjoy this superbly executed holistic approach, using leading ingredient technology and divine aromatic scents. This facial is paired with a regenerative mask, and includes a hydrating hand and foot treatment. Your complexion and neckline will be youthfully restored to velvety-soft, firmer, plumper and brighter.
80 min $200

Rose Quartz Facial
This exquisite facial will breathe life back into tired skin using concentrated serums designed for your skin’s needs. Enhanced with the use of rose quartz, a beautiful healing stone, which helps to ease tension and stress in the body, soothe anxiety, and increase self-love- all of which is essential to having clearer, smoother skin. This facial will restore youthfulness and radiance to your complexion.
50 min $135

Hydrafacial™
All skin types
The only medical grade hydrafacialabrasion procedure that combines cleansing, exfoliation, extractions, and hydration. Utilizing super serums, filled with peptides, antioxidants, and hyaluronic acid, this facial will provide clear, more beautiful skin immediately with no discomfort or downtime. Choose the 50- or 80-minute treatment for additional benefits.
25 min $150 / 50 min $200 / 80 min $295

Advanced Anti-Aging Facial
It’s never too late for your skin to be reborn. Our nanotechnology infusion will help encourage the nutrient-rich serums to work more effectively, and an algae peel-off mask will reveal the appearance of luminous, healthy looking skin.
80 min $200

Oxygenating Facial
Rejuvenation is the first step towards your skin’s transformation. A combination of oxygen, lightweight hyaluronic acid, vitamins and antioxidants will instantly plump and balance your skin into a healthy radiant glow. These results will continue to improve in the following days. This treatment is ideal before a special occasion.
50 min $200 / 80 min (with 3D hydrating mask) $240

Anti-Gravity Microcurrent Facial
Boost your skin’s tone and appearance instantly with this unique non-invasive facial procedure. Involving a form of electrical massage, it will lift jowls and eyebrows, reduce the appearance of fine lines and wrinkles, heal acne and improve skin discoloration. This treatment includes cleansing, gentle exfoliation, followed by moisture and sunscreen application.
50 min $200

Diamond Microdermabrasion
This non-surgical procedure will repair sun-damaged skin, smooth scars, reduce fine lines and wrinkles while diminishing pigmentation. A diamond tip is used to gently buff the skin and stimulate cellular renewal, resulting in a smooth appearance.
50 min $165 / 80 min [includes toning massage tool & mask] $200
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<td>Back Wax</td>
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**HAIR REMOVAL**

**Gentlemen’s Hot Towel Facial**

All skin types—deep cleansing

Perfectly customized for men’s skin, relax with a traditional barber hot towel technique enhanced with nutrient-rich skin care.

We suggest shaving a few hours before your appointment.

50 min $125

**Gentlemen’s Manicure or Pedicure**

Specifically designed for men. Nails are trimmed and buffed while your feet are treated with an energizing soak, exfoliating scrub and therapeutic massage.

50 min Manicure $50 / 50 min Pedicure $60

**Especially for Men Spa Package**

Men need Spa time too! These treatments are specifically designed for the man looking to relax and unwind.

Includes:

- 50 min Custom Massage
- 50 min Gentlemen’s Hot Towel Facial
- Men’s Hair Cut
- Pint of Beer

$305—package includes gratuity
NAILS

Express Manicure or Pedicure
If time is an issue, this treatment is for you. Includes nail shaping, light cuticle work, hand creme application and nail enamel of your choice.
25 min Express Manicure $40 / 25 min Express Pedicure $45

Classic Manicure
Indulge yourself with this classic detailed manicure which includes nail shaping, detailed cuticle work, hand and arm exfoliation and massage, followed by nail enamel of your choice.
50 min $50 - Additional 25 min gel removal $20

Classic Pedicure
This classic detailed pedicure includes nail shaping, detailed cuticle work, callous removal, leg and foot exfoliation and massage, followed by nail enamel of your choice.
50 min $60 - Additional 25 min gel removal $20

Shellac Manicure
Shellac is a breakthrough nail treatment that combines the ease of polish and the longevity of gels. This chip-free extended-wear color applies similar to polish and results in a high-gloss shine.
50 min $60 - Additional 25 min gel removal $20

Age-Defying Hand Treatment
Don’t let your hands give away your age. This brightening age-defying treatment will give your hands a youthful younger look by fading away dark spots. Your treatment continues with a Classic Manicure leaving your hands feeling smooth and rejuvenated.
50 min $65

Aromatic Indulgence Pedicure
Treat your legs and feet to a relaxing aromatherapy foot soak, exfoliating scrub, and massage. Your muscles will melt as we ease tension with warm stones and concludes with a hydrating balm and warmed paraffin to further soften and soothe your feet.
80 min $90

Paladise Pedicure
Allow the noise to melt away as you soak your worries away. Enjoy a rewarding and fragrant trip to the tropics on your journey to Paladise. This pedicure includes our Classic Pedicure enhanced with a warm paraffin treatment.
80 min $90

Foot Detox
This naturally stimulating session uses ionized water to draw toxins from the body. Your body will feel lighter and rejuvenated after this treatment.
25 min $50

NAIL UPGRADES
Polish Change Hands $15 or Feet $20
French Polish Change Hands $20 or Feet $25
Paraffin Treatment Hands $10 or Feet $20

HAIR

Ladies Hair Cut & Style from $50
Men’s Hair Cut $35
Shampoo & Blow Dry $45
Color & Style from $95
Color, Cut & Style from $145
Color Change or Corrective Color upon consultation
Color, Highlight, Cut & Style from $185
Partial or Full Highlight from $90
Balayage & Style contact Pala Spa for pricing
Moroccanoil® Hair Treatment $35
Moroccanoil® Hair Treatment with Style $65
Special Occasion Hair Design $55
Updo from $75
Brazilian Blowout Hair Package includes Shampoo & Conditioner $290

Makeup Artistry
Please contact Pala Spa Front Desk for pricing.
PACKAGES

Girlfriends’ Spa Day
If you are celebrating a special occasion or just need some relax time, your Spa day awaits!
Includes:
• One Full Day Cabana Rental
• 2- Poolside Café Lunches
• 2- Classic Pala Spa Pedicures with Champagne Toasts
• 2- 50 min Custom Massages
$300 Weekday / $600 Weekend*
*Pricing for 2 guests. Add $210 for each additional guest. Limit of 6 guests per package.

Express Package
Want the Spa experience in half the time? This package was designed just for you.
Includes:
• 25 min Custom Massage
• 25 min Go and Glow Facial
• 25 min Express Manicure
• 25 min Express Pedicure
$250- package includes gratuity

Suite Serenity
This package is perfect for couples or friends celebrating a special occasion.
Includes:
• 2- 50 min Custom Massages in Couples Suite
• 60 min Relaxation Time
• Bottle of Champagne and chocolates
$375- package includes gratuity

Zen Retreat
Feel at peace and experience this relaxing duo of our Custom Facial and Custom Massage.
$265
Create your own Pala Spa package with 3 treatments or more and receive 10% off. Must select at least 2-50 min treatments. Does not include gratuities.

All treatments must be completed on the same day. Unfortunately no services may be substituted.
Spa and Salon Reservations
Spa guests must be over the age of 18 to utilize Pala Spa and its amenities. We recommend scheduling your spa appointments in advance of your arrival. Our spa and salon services are guaranteed with a credit card number. Please inform the reservation agent of any medical conditions, e.g. pregnancy, heart conditions, or other special needs that require our attention. If you are pregnant, we offer several pre-natal therapies during the second and third trimester only.
Reservations: (760) 510-2189

Our Facilities
The Spa and Salon features 10,000 square feet of organically inspired luxury, with outdoor relaxation and treatment areas. Two Signature Suites are available and perfect for a romantic couple’s massage or best friend’s retreat. Separate men’s and women’s locker rooms are each equipped with showers, steam room, dry sauna and indoor whirlpools. The use of the heated wet-therapy amenities are not recommended during pregnancy. Luxurious robes and slippers are available for use during your visit. Access to the shared outdoor pool and Poolside Café is included with a day spa pass. A minimum $50 same-day treatment is required to enjoy the spa relaxation lounges from 9am-8pm. Alternatively access to the spa lockers and amenities is available for a nominal daily charge.

Arrival and Preparation
We recommend arriving 30 minutes before your first scheduled treatment. Late arrival will result in your treatment time being reduced accordingly, but still charged at full price. As a courtesy to the next guest, should you arrive late, your appointment will end as originally scheduled.

Quiet Environment
To preserve our tranquil setting, cell phones and smoking are prohibited. We also request that guests enjoy our peaceful setting by keeping voices at a minimum.

Fitness Center
Located adjacent to The Spa, the Fitness Center features state-of-the-art equipment, including a variety of cardio and weight machines, and free weights. Hotel guests aged 18 and over can enjoy complimentary 24-hour access to the fitness room with a valid hotel room key. For your safety, proper close-toed fitness shoes and clothing are required in the Fitness Center.

Valuables
We recommend that you do not wear any jewelry or other valuables to the Spa. Pala Casino Spa and Resort cannot be held responsible for any loss or theft.

Gratuity
For your convenience, an 18% gratuity will be added to all services and packages.

Cancellation and Rescheduling Policy
As a courtesy to other guests and our team members, we have a 4-hour change or cancellation policy. If you need to change or cancel your appointment within this 4-hour period, you will be responsible for 50% of the treatment cost. Should you fail to arrive for your appointment without notification, you will be charged the full amount of the service.

Spa hours: 9am-8pm daily
Pool hours: Vary according to season
Prices, hours of operation and treatments are subject to change.